UNDER 400 CAL Menu

SUBS

Honey Bourbon
with seasonal greens, tomatoes, onions, honey bourbon mustard, grille sauce on artisan wheat

Turkey Lite
with lettuce, tomatoes, onions, cucumbers, fat-free balsamic vinaigrette on artisan wheat

Spicy Monterey
Turkey, ham, mozzarella, pickles, lettuce, tomatoes, mayo, four pepper chili sauce

SALADS

Harvest Chicken
Honey-dijon chicken salad, apples, grapes, dried cranberries, cucumbers, tomatoes, pumpkin seeds, acai vinaigrette

Cobb
Chicken, bacon, hard-boiled egg, blue cheese crumbles, tomatoes, ranch

Black & Blue
Black Angus steak, blue cheese crumbles, onions, tomatoes, fat-free balsamic vinaigrette

Honey Mustard
Chicken, bacon, cheddar, tomatoes, honey mustard dressing

GRILLED FLATBREADS

Honey Bourbon Chicken
with seasonal greens, tomatoes, onions, honey bourbon mustard, grille sauce

Basil Pesto Chicken
with mozzarella, seasonal greens, tomatoes, basil pesto

SOUPS of the Day

QUIZNOS® CATERING

BOX LUNCHES
Boxed lunches provide a mixed selection unless otherwise specified

Sub Box Lunch
Small*- includes small size Turkey or Deli Sub, chips and Chocolate Chunk Cookie

Regular*- includes regular size Turkey or Deli Sub, chips and Chocolate Chunk Cookie

Grilled Flatbread Box Lunch
Includes 2 Grilled Flatbreads, chips and Chocolate Chunk Cookie

Salad Box Lunch
Includes Large Salad and Chocolate Chunk Cookie

Choice of:

Harvest Chicken, Honey Mustard Chicken, Cobb, Peppercorn Caesar

*Additional charges may apply for substitution.

TRAYS
Includes plates, napkins and pepper bar.

Regular Tray serves 5 • Large Tray serves 10

Create Your Own Sub Tray
Subs made with lettuce, tomato and mayo

Meat Choices: Turkey Breast, Ham

Cheese Choices: Cheddar, Mozzarella, Swiss

Classic Sub Tray
Includes a mix of:

The Traditional, Classic Italian, Mesquite Chicken, Baja Chicken

Grilled Flatbreads
Includes a mix of:

Basil Pesto Chicken, Sonoma Turkey, Chicken Bacon Ranch, Honey Bourbon Chicken, Greek Chicken

For catering orders subs are not toasted unless requested

SALAD BOWLS
Includes plates, napkins, forks and your choice of dressing

Chicken Caesar Salad • Serves up to 5
Honey Mustard Chicken Salad • Serves up to 5
Fresh Garden Salad • Serves up to 10

SIDES
Served in packs of 5

Assorted Bottled Beverages
Assorted Chips
Assorted Desserts

Please call your local store to customize your order

Quiznos®

Quiznos.com

BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

Menu items and prices are subject to change.
For franchise information, call 1.800.DELI.SUB
Customer comments, call 1.866.4.TOASTED

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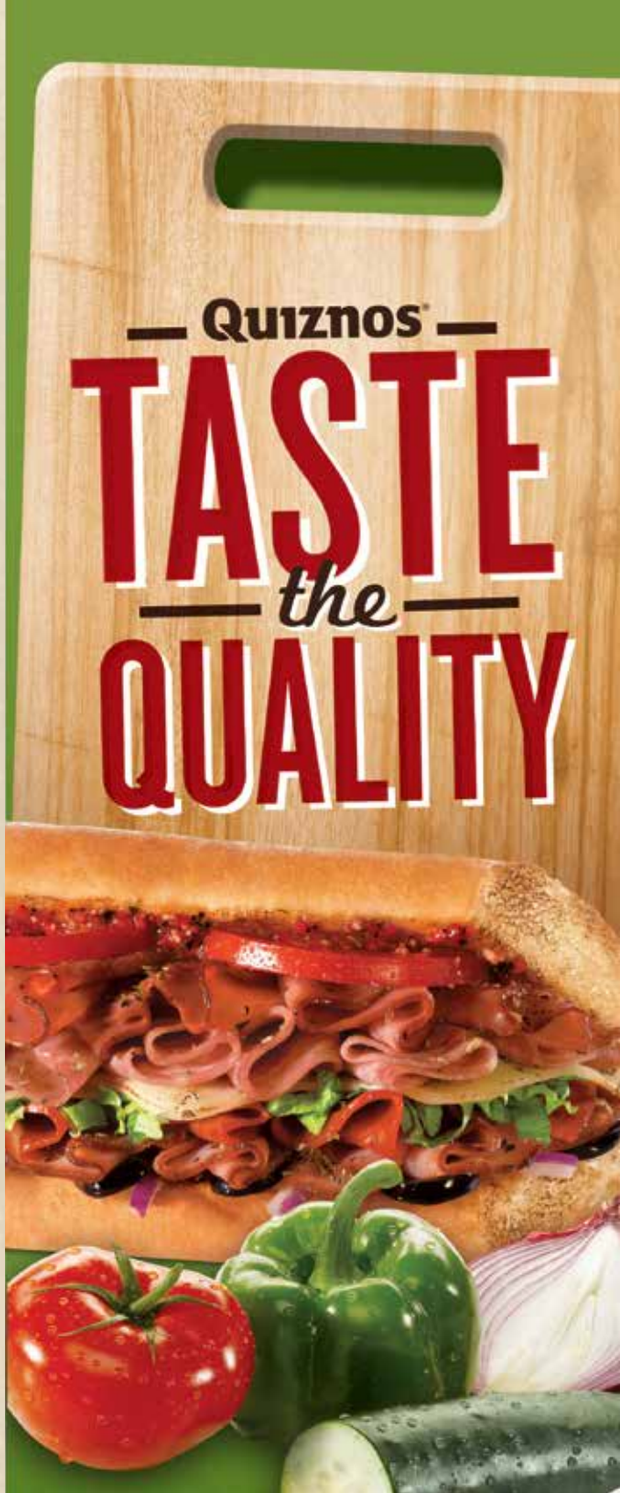

STEAK SUBS

Black Angus Steak
with mozzarella, cheddar, sautéed mushrooms & onions, honey bourbon mustard, grille sauce on rosemary parmesan

Roast Beef & Horseradish
Black Angus roast beef, cheddar, sautéed onions, lettuce, tomato

Peppercorn Prime Rib
with mozzarella, sautéed onions, peppercorn sauce

French Dip
Prime rib with mozzarella, sautéed bell peppers & onions, peppercorn sauce, side of Au Jus

Double Swiss Prime Rib
with sautéed onions, mayo

CHICKEN SUBS

Mesquite
with bacon, cheddar, lettuce, tomatoes, onions, ranch

Pesto Caesar
with mozzarella, parmesan, romano, asiago, seasonal greens, tomatoes, basil pesto, peppercorn caesar on rosemary parmesan

Baja
with bacon, cheddar, onions, BBQ sauce, chipotle mayo

Carbonara
with bacon, mozzarella, sautéed mushrooms, parmesan alfredo sauce

Honey Mustard
with bacon, Swiss, lettuce, tomatoes, onions

Honey Bourbon (UNDER 400)
with seasonal greens, tomatoes, onions, honey bourbon mustard, grille sauce on artisan wheat

UNDER 400 These subs, flatbreads, salads and soups are on our **lighter side.** The small sizes are **400 calories or less.**

TURKEY SUBS

Turkey Ranch & Swiss
with lettuce, tomatoes, onions

Turkey Bacon Guacamole
with mozzarella, lettuce, tomatoes, onions, ranch

Turkey Lite (UNDER 400)
with lettuce, tomatoes, onions, cucumbers, fat-free balsamic vinaigrette on artisan wheat

Ultimate Club
with bacon, cheddar, lettuce, tomatoes, mayo

DELI CLASSICS

Classic Italian
Pepperoni, salami, capicola, ham, mozzarella, lettuce, black olives, tomatoes, onions, red wine vinaigrette

The Traditional
Roast beef, turkey breast, ham, cheddar, lettuce, black olives, tomatoes, onions, ranch

Spicy Monterey (UNDER 400)
Turkey, ham, mozzarella, pickles, lettuce, tomatoes, mayo, four pepper chili sauce

Honey Bacon Club
Turkey, ham, bacon, Swiss, lettuce, tomatoes, onions, honey-french dressing

Tuna
with cheddar, lettuce, tomatoes, red wine vinaigrette

Veggie Guacamole
with cheddar, mozzarella, choice of veggies, red wine vinaigrette

Italian Meatball
with double mozzarella, marinara

MAKE IT A MEAL

with chips & regular fountain drink | with small soup & regular fountain drink

SALADS & WRAPS

[WRAP A SALAD IN AN HERB TORTILLA]

Harvest Chicken (UNDER 400)
Honey-dijon chicken salad, apples, grapes, dried cranberries, cucumbers, tomatoes, pumpkin seeds, acai vinaigrette

Cobb (UNDER 400)
Chicken, bacon, hard-boiled egg, blue cheese crumbles, tomatoes, ranch

Peppercorn Caesar
Chicken, 3-cheese blend, tomatoes, peppercorn caesar dressing

Black & Blue (UNDER 400) [HOT TOPPED]
Black Angus steak, blue cheese crumbles, onions, tomatoes, fat-free balsamic vinaigrette

Honey Mustard (UNDER 400)
Chicken, bacon, cheddar, tomatoes, honey mustard dressing

GRILLED FLATBREADS

Sonoma Turkey
with cheddar, seasonal greens, tomatoes, chipotle mayo

Chicken Bacon Ranch
with Swiss, seasonal greens, tomatoes

Honey Bourbon Chicken (UNDER 400)
with seasonal greens, tomatoes, onions, honey bourbon mustard, grille sauce

Basil Pesto Chicken (UNDER 400)
with mozzarella, seasonal greens, tomatoes, basil pesto

Greek Chicken
with mozzarella, cucumbers, black olives, banana peppers, seasonal greens, tomatoes, Tzatziki dressing

CHOOSE 2® mix & match any 2

Salad [small]

Grilled Flatbread

Soup [regular]

SOUPS of the Day (UNDER 400)

TOASTY® PASTAS *New!*

Mac & Cheese
with romano, parmesan, provolone and fontina cheeses, breadcrumbs

Mac & Cheese with Bacon

Meatball Marinara
with mozzarella, 3-cheese blend

Chicken Pesto
with 3-cheese blend, balsamic tomatoes

KIDS

includes small fountain drink, activity & chips or kids cookie
[FOR 12 & UNDER]

PASTAS *New!*

Mac & Cheese
with romano, parmesan, provolone and fontina cheeses

Meatball Marinara
with mozzarella, 3-cheese blend

FLATBREAD FOLDABLES

Marinara Melt
with mozzarella

Triple Play Cheese Melt
with mozzarella, cheddar, Swiss

Create Your Own Flatbread
with choice of turkey or ham, cheese, dressing, veggies

SUBS

Monster Meatball
with marinara, mozzarella

Turkey & Cheese
with choice of dressing, veggies

Ham & Cheese
with choice of dressing, veggies